

Lecture on Mind-Body Research



We are honoured to welcome Sat Bir Singh Khalsa
for a lecture on

Thursday 29th November, 5 - 6 pm

in the

Hochschulambulanz der Charité am Immanuel
Krankenhaus, Festsaal or Loggia, Am kleinen
Wannsee 5D, 14109 Berlin.

Sat Bir Singh Khalsa is a researcher in the field of body mind medicine, specializing in yoga therapy. Originally from Toronto, he earned his Ph.D. at the University of Toronto, where he also began his practice of Kundalini Yoga under the tutelage of Yogi Bajan. He is (since 2006) an Assistant Professor of Medicine at Harvard Medical School and an Associate Neuroscientist (since 1998) in the Division of Sleep and Circadian Disorders, at the Departments of Medicine and Neurology, Brigham and Women's Hospital, in Boston Massachusetts. Since 2007, Sat Bir Singh Khalsa has served as the Director of Research at both the Kripalu Center for Yoga and Health in Massachusetts and the Kundalini Research Institute in New Mexico.

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